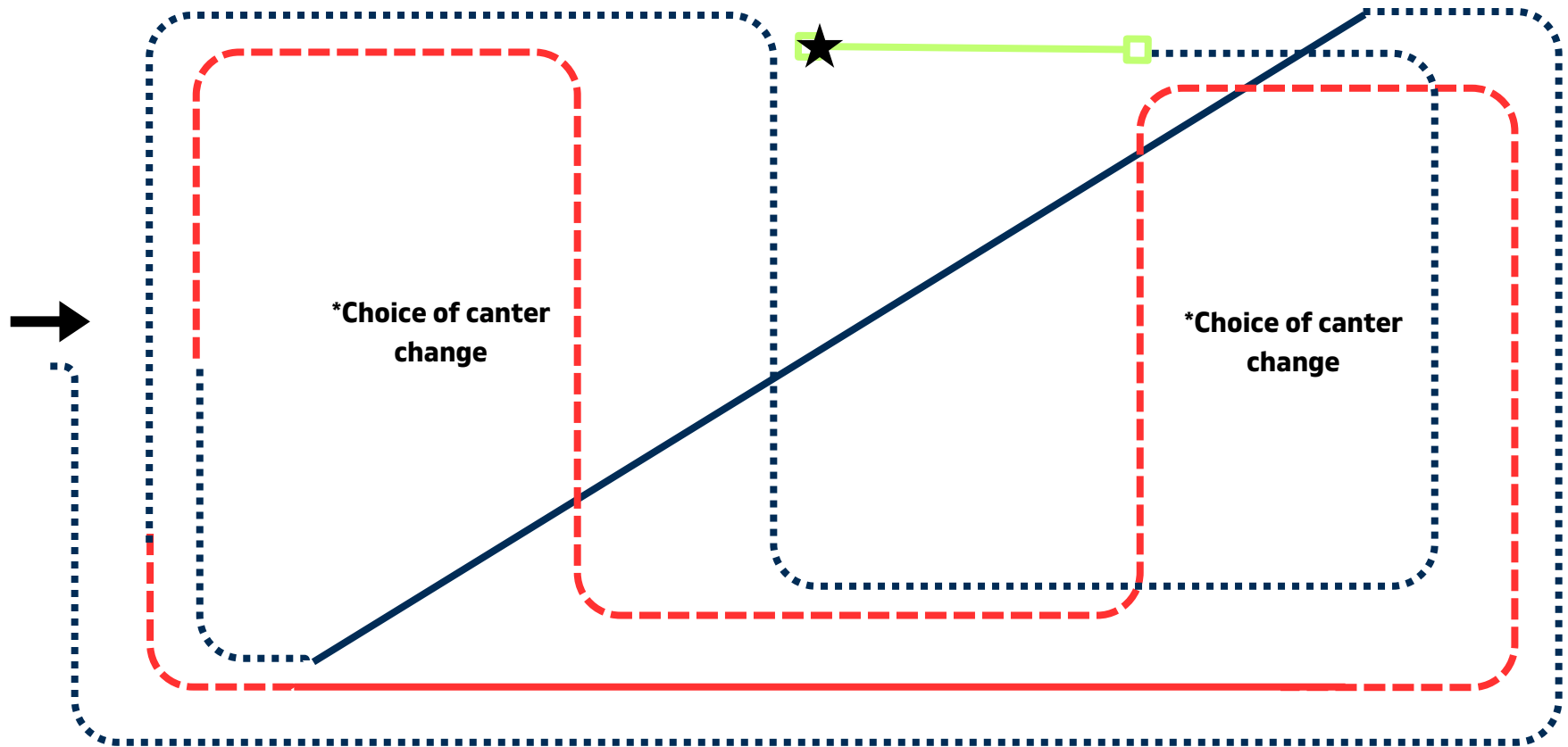




The Nationals CHILDS OPEN WORKOUT



Walk



Canter



Trot



Lengthen Canter



Lengthen Trot



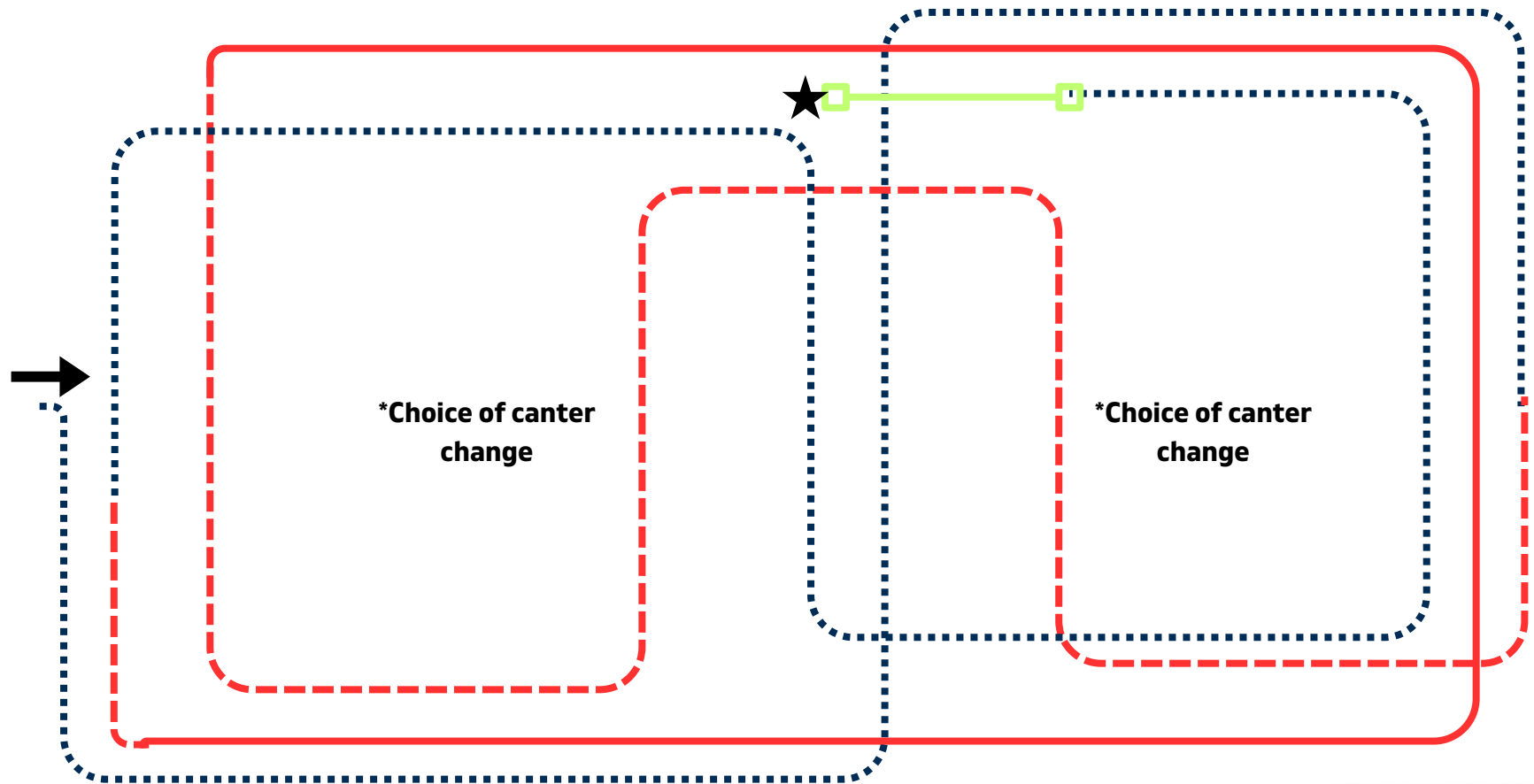
Halt



HYGAIN

The Nationals

CHILDS HUNTER WORKOUT



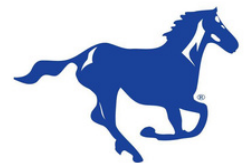
Walk

Trot

Canter

Gallop

Halt

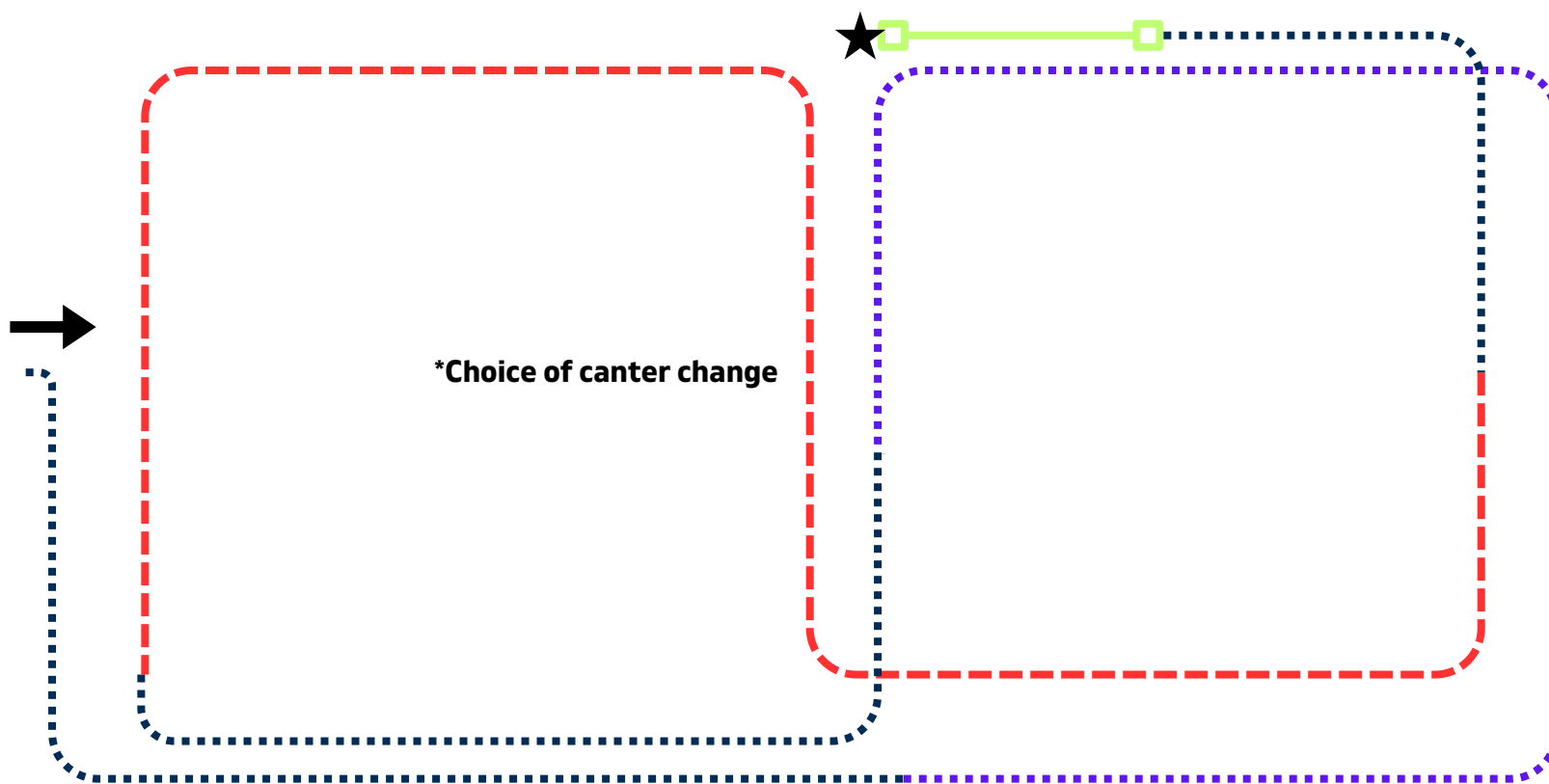


HYGAIN



The Nationals

RIDER UNDER 12 YRS WORKOUT



Walk



Rising Trot



Sit Trot



Canter



Halt

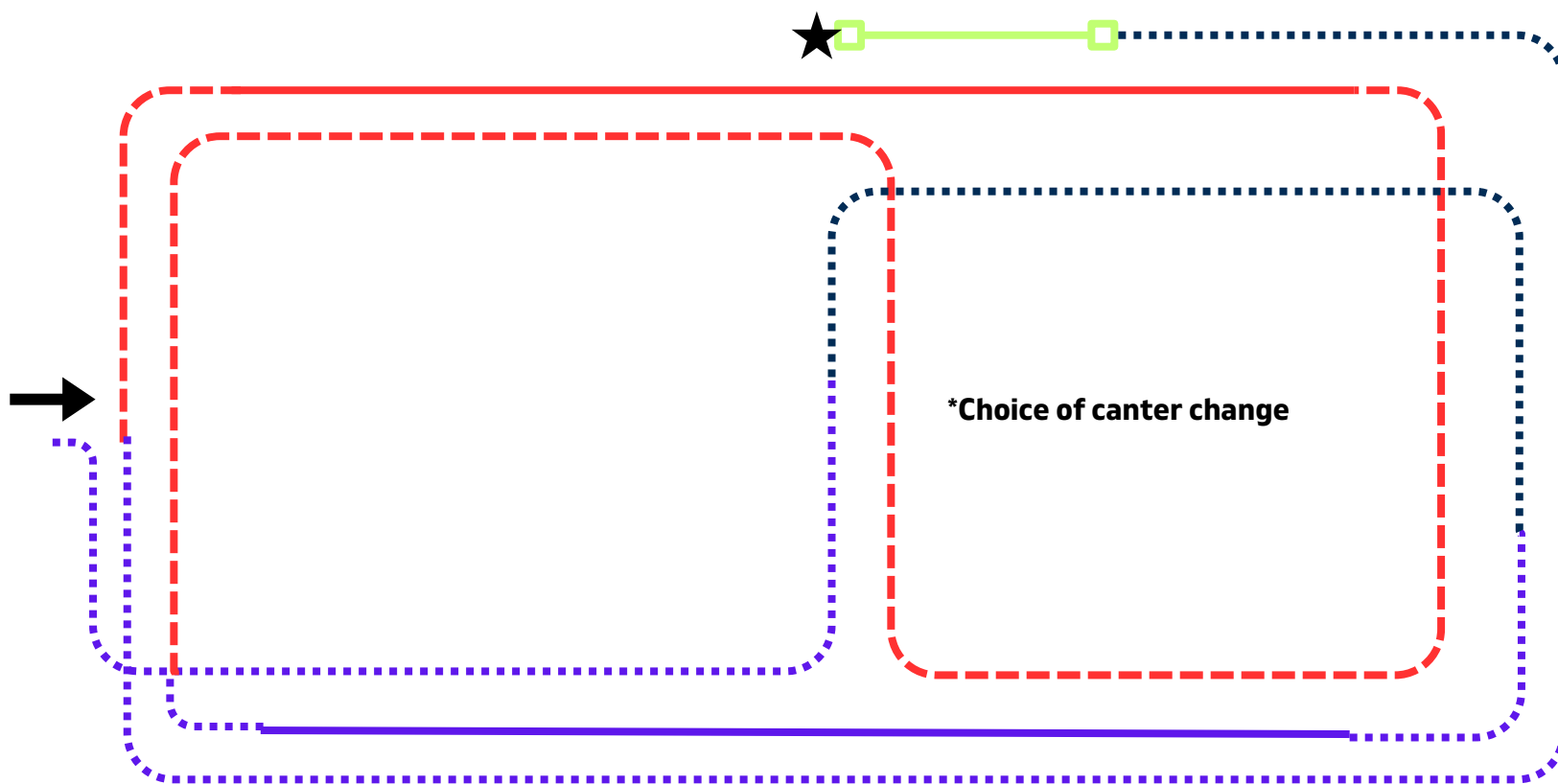


HYGAIN



The Nationals

RIDER 12YRS - 17YRS WORKOUT



Walk



Rising Trot



Sit Trot



Canter



Lengthen Canter



Lengthen Trot Sitting



Halt

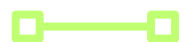
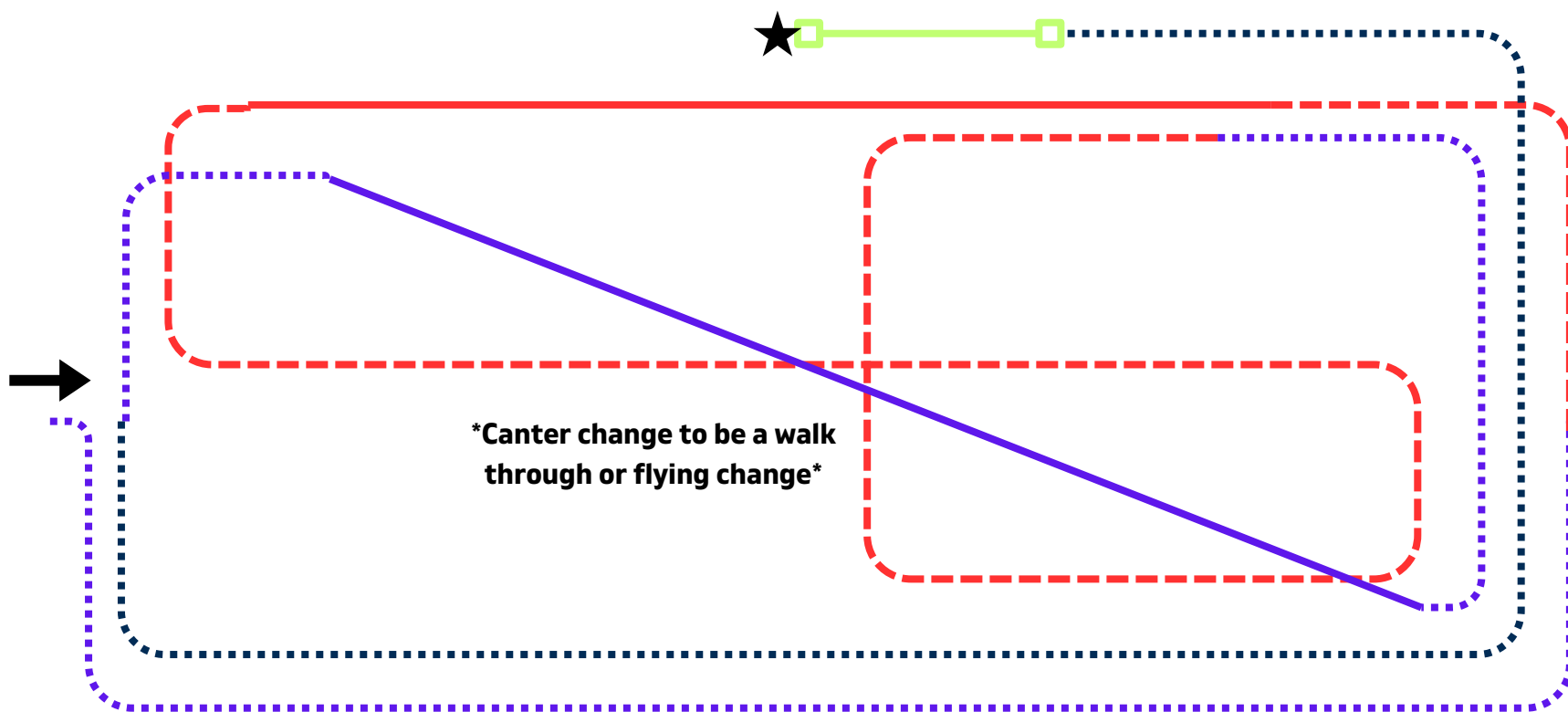


HYGAIN



The Nationals

RIDER 18 YRS & OVER WORKOUT



Walk



Canter



Halt



Rise Trot



Lengthen Canter



Sit Trot



Lengthen Trot Sitting



HYGAIN